

Eleonore Koury

Reiki Master Teacher / Licensed Massage Therapist / Kundalini Yoga Teacher

Eleonore Koury has been a student of varying healing, spiritual and yogic traditions for over 20 years. She holds a Bachelor of Arts in Psychology, is a Certified Reiki Master Teacher in the Usui/Tibetan and Karuna Systems, a Jikiden Reiki Practitioner, a Certified Kundalini Yoga Teacher as taught by Yogi Bhajan, a Certified Restorative Yoga Teacher, a California Licensed Massage Therapist, and Author.

Eleonore teaches Reiki for the Urban Zen UCLA program, Urban Zen West Coast trainings, Los Angeles YogaWorks Workshop Division, Institute of Psycho-Structural Balancing in Culver City, CA. and privately throughout LA and other states. She is an approved Provider for the California Board of Registered Nursing, Provider Number CEP16369.

Her education in bodywork and yoga allows Eleonore to incorporate Kundalini Yoga principles and practices in her client work and classes, empowering individuals with deeper knowledge of their body/mind connection and tools for enhanced living.

Eleonore is an Author and has been featured and published in the Reiki News Magazine and Awareness Magazine. She has appeared twice on The Conner Bubble for the Nutritional Literacy – Holistic Approach series. All her publications and videos can be viewed on her website.

She works with individuals and groups throughout Northern and Southern California and leads retreats to Maui, Hawaii and other locations

Trainer, Consultant, Educator, and Administrator

Since June 1988 Eleonore has held several management and leadership roles in a variety of venues, giving her an eclectic background. She has carried the role of leader, manager, trainer, consultant, educator, and supervisor in the areas of real estate, retail sales, violence and substance abuse prevention for youth, and the healing arts. She brings excellence in all areas of her work with 20 years of experience in customer relations; establishing and servicing clientele; public relations; group facilitation; education; counseling; program development; event coordinating; scheduling; staff training; supervising and managing; marketing and advertising; and office operations. Affiliates include: Century 21 Medallion, Realty World Mid Cities, Nordstrom, Angeles Girl Scout Council, Didi Hirsch Community Mental Health Center, LA Unified School District, LA Bridges Program, and Agape Well-Being Center.

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Education and Associations

B.A. Psychology	May 1999	Cume Laude, California State University, Long Beach
Reiki Practitioner Certificate	June 2004 Aug 2011	Diana Presley, Reiki Master Teacher, LA CA Continued Education with Jessica Miller, Reiki Master Teacher with The International Center of Reiki, LA CA
Jikiden Reiki Practitioner Certificate	May 2014 October 2014 October 2015	Frank Arjava Petter, Jikiden Reiki Kenkyukai(Institute) Amanda Jayne, Jikiden Reiki Kenkyukai Amanda Jayne, Jikiden Reiki Kenkyukai
Reiki Master Certificate	March 2005 July 2006	Diana Presley, Reiki Master Teacher, LA CA Continued Education William Lee Rand, Reiki Master Teacher with The International Center of Reiki Training, Maui Hawaii
Karuna Reiki® Master Certificate	June 2011 Dec 2011	Corinne Johnson, Karuna Reiki® Master, South Bay CA Continued Education, Laurelle Gaia and Michael Baird, Karuna Reiki® Masters with The International Center of Reiki, Sedona AZ
Massage Therapy Certification	Dec. 2004 Dec. 2006 Jan. 2011 July 2005	Institute of Psycho Structural Balancing, Technician Certificate, LA CA IPSB Massage Therapist Certificate, LA CA California Massage Therapy Council, Massage Therapist Certificate Associated Bodywork & Massage Professionals Professional Associate
Kundalini Yoga Teacher as Taught by Yogi Bhajan	June 2013	Yoga West, Los Angeles CA
Restorative Yoga Teacher Training	May 2015	Jillian Pransky, YogaWorks, Santa Monica CA
Yoga for Real Seniors	Jan. 2016	Fatebhir Kaur, Indigo Lab Los Angeles

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Volunteer Work

Agape Well-Being Ministry, Agape International Spiritual Center, Culver City

Yoga Gardens, Santa Monica

Seeds Of Light: HIV/Aids Orphaned Children of South Africa, Orange County

Upper Newport Bay Interpretive Center, Orange County

County of Orange Harbor, Beaches, and Parks Trail Maintenance, Orange County

William O Douglas Mountain Education Program, Los Angeles