

Enjoy a few of the many research and clinically based articles:

Reiki Healing a Doctor's Experience

<http://reikiinmedicine.org/healthful-lifestyle/reiki-healing-doctor>

Center for Reiki Research

<http://www.centerforreikiresearch.org>

Research Shows Reiki Demonstrates Positive Effects on stress, depression, pain
and anxiety

<https://psychcentral.com/lib/reiki-healing-and-mental-health-what-the-research-shows/>

The Benefit of Reiki in Nursing

<http://www.nursetogether.com/the-benefits-of-reiki-in-nursing>

Reiki Really Works - A Groundbreaking Scientific Study

http://rehab.ucla.edu/workfiles/Urban%20Zen/Research%20Articles/Reiki_Really_Works-A_Groundbreaking_Scientific_Study.pdf

Reconnecting Nursing to Reiki

http://rehab.ucla.edu/workfiles/Urban%20Zen/Reconnecting_to_Nursing_throgh_Reiki.pdf

For more info on Reiki Therapy, Reiki Training/Mentoring, Kundalini
Yoga, Coaching, and Sacred Journeys to Ireland, Hawaii and other
locations contact:

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Empowering individuals and groups with life enriching
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