

Eleonore Koury

Reiki Master Teacher/ Yoga Teacher/ Licensed Massage Therapist

Eleonore Koury is a Certified Reiki Shinpiden Master Teacher in the Usui/Tibetan and Karuna Systems, a Jikiden Reiki Practitioner, a Certified Kundalini Yoga Teacher, a Certified Restorative Yoga Teacher, a California Licensed Massage Therapist, Author and holds a Bachelor of Arts in Psychology. She empowers individuals and groups with a synthesis of Western and Japanese Reiki practices long with life enriching yogic tools and nature based practices.

Eleonore has taught Reiki for the Urban Zen West Coast region, Urban Zen UCLA Program, Institute of Psycho Structural Balancing CA, YogaWorks LA, Agape International Spiritual Center Community and privately throughout LA and other states. She also leads Yoga & Reiki workshops at YogaWorks, YogaWest LA and other studios, along with Reiki & Yoga Sacred Journeys and Retreats in Maui and other locations. She is an approved Provider for the California Board of Registered Nursing, Provider Number CEP16369.

Her education in bodywork and yoga allows Eleonore to incorporate yoga principles and practices in her client work and classes, empowering individuals with deeper knowledge of their body/mind connection and tools for enhanced living.

Eleonore is an Author and has been featured and published in the Reiki News Magazine and Awareness Magazine. She has appeared twice on The Conner Bubble for the Nutritional Literacy – Holistic Approach series. All her publications and videos can be viewed on her website.

She works with individuals and groups throughout Northern and Southern California and leads retreats on Maui, Hawaii

Trainer, Consultant, Educator, and Administrator

Since June 1988 Eleonore has held several management and leadership roles in a variety of venues, giving her an eclectic background. She has carried the role of leader, manager, trainer, consultant, educator, and supervisor in the areas of real estate, retail sales, violence and substance abuse prevention for youth, and the healing arts. She brings excellence in all areas of her work with 20 years of experience in customer relations; establishing and servicing clientele; public relations; group facilitation; education; counseling; program development; event coordinating; scheduling; staff training; supervising and managing; marketing and advertising; and office operations. Affiliates include: Angeles Girl Scout Council, Didi Hirsch Community Mental Health Center, LA Unified School District, LA Bridges Program, Agape Well-Being Center, Century 21 Medallion, Realty World Mid Cities, and Nordstrom.

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Education and Associations

B.A. Psychology	May 1999	Cume Laude, California State University, Long Beach
Reiki Practitioner Certificate	June 2004 Aug 2011	Diana Presley, Reiki Master Teacher, LA CA Continued Education with Jessica Miller, Reiki Master Teacher with The International Center of Reiki, LA CA
Jikiden Reiki Practitioner Certificate	May 2014 Oct 2014 Oct 2015	Frank Arjava Petter, Jikiden Reiki Kenkyukai(Institute) Amanda Jayne, Jikiden Reiki Kenkyukai Amanda Jayne, Jikiden Reiki Kenkyukai
Reiki Master/Shinpiden Certificate	March 2005 July 2006 Feb 2016 Feb 2018	Diana Presley, Reiki Master Teacher, LA CA Continued Education William Lee Rand, Reiki Master Teacher with The International Center of Reiki Training, Maui Hawaii Frans & Bronwen Stiene, International House of Reiki Retake Training
Shoden/Okuden Certificate	May 2018	Hyakuten Inamoto, Komyo Reiki Do
Karuna Reiki® Master Certificate	June 2011 Dec 2011	Corinne Johnson, Karuna Reiki® Master, South Bay CA Continued Education, Laurelle Gaia and Michael Baird, Karuna Reiki® Masters with The International Center of Reiki, Sedona AZ
Massage Therapy Certification	Dec. 2004 Dec. 2006 Jan. 2011 July 2005	Institute of Psycho Structural Balancing, Technician Certificate, LA CA IPSB Massage Therapist Certificate, LA CA California Massage Therapy Council, Massage Therapist Certificate Associated Bodywork & Massage Professionals Professional Associate
Kundalini Yoga Teacher as Taught by Yogi Bhajan	June 2013	Yoga West, Los Angeles CA
Restorative Yoga Teacher Training	May 2015	YogaWorks, Los Angeles CA with Jillian Pransky
Certified California Massage Therapist	Since 2013	California Massage Therapy Council

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Professional Member

Since 2005

International Association of Reiki Professionals

Volunteer Work

Coordinates Bi monthly Reiki & Yoga activities with Reikiunleashed graduates for Sunrise Senior Living, Beverly Hills

Agape Well-Being Ministry, Agape International Spiritual Center, Culver City

Yoga Gardens, Santa Monica

Seeds Of Light: HIV/Aids Orphaned Children of South Africa, Orange County

Upper Newport Bay Interpretive Center, Orange County

County of Orange Harbor, Beaches, and Parks Trail Maintenance, Orange County

William O Douglas Mountain Education Program, Los Angeles