



This California gray whale nicknamed Rey, spent about two weeks hanging out recently in the bay at Marina Del Rey.

Abundance Is Everywhere... A Whale Visit Tells Us So

Article and Photo by Eleonore Koury

On Tuesday morning June 2nd, I was awakened at 2:30 a.m. and unable to go back to sleep so I continued to watch a video I had been watching the evening before, an IMAX on dolphins. It was so beautiful and powerful to watch these majestic beings and learn about their brilliance and gentleness. The most beautiful scenes included the dance between humans and dolphins in water, oneness exemplified. No separation, God, nature and human as one.

After completing the video, I was filled with creative energy and began to do some creative work, but I also felt this impulse to go on an early bike ride to the Marina Peninsula. So at 6:30 a.m. I got on bike and started riding. It was a crisp, refreshing day, with a haze of clouds that brought a stillness to the ocean.

I rode out to the end of the jetty, locked my bike and walked out on the rocks all the way to the

edge where they met the ocean. I found a flat rock bed and sat. I began to journal and was clearing some emotional stagnation, feeling a little low... within minutes I heard a powerful sound to my right unlike I'd ever heard there.

I waited a moment not sure it was what I thought it was and then again I heard this loud release of air from a spout. In absolute shock I stood several yards away from a *whale*. **I could not believe what I saw!** I had been wishing to see dolphins, little did I know I would be visited by a whale, something I thought I would only see on a whale-watching excursion. What abundance!

I looked away and then back again, and it rose again with another exhale. *Everything became surreal*. There was no one around me and the air and water were still. I began to beam Reiki from my eyes and felt a layer of light encompass the whole scene. I sat, watched and felt.

I felt this oneness emerge between me and my surroundings and a sense of deep communing with the whale. I realize now that the Reiki energy was a bridge that connected me vibrationally to this mammal and deepened my experience. A deep kinship — something from long ago was being stirred and I felt as if a message was being delivered from the whale — "you are not alone, we hear you, we are here."

Later I looked through some of my books and came across the animal medicine of whales — they are the history keepers, here from the beginning of time and they return now to assist humanity in healing and bringing balance to the world.

I know it may seem hilarious that I believe this whale came as

a messenger. But I believe that unusual natural occurrences are often times messages to humanity, and can only be recognized if we allow them. While the whale stayed in our bay, so many stories emerged that it was possibly sick, injured or lost.

However day after day for over two weeks it returned to our bay to disprove any of these stories. It was simply here enjoying the feeding ground and an opportunity to release barnacles from its body. But most of all I believe it was here to bring us a gift — and a message — blessing us with its presence.

Unknowingly to many, this whale was healing and teaching us. I believe that mammals are incredible teachers of breath, presence and Reiki — Divine Light and Love. During the whale's visit, it was amazing to witness the connection occurring among folks.

I have walked this Peninsula for many years and for the most part people are either in their own space or enjoying their inner circles of company. With the presence of this whale it seemed all barriers dissolved and strangers were connecting, talking and bonding.

Even more strange were the periods of stillness that arose amongst a large group of people. Long stretches of time would pass with no talking, simply witnessing the emergence of the whale, the whole group in anticipation of its movement, and every once in awhile a word of awe would be released.

First and foremost this whale's visit has left me awed at the wonder and abundance of nature and how nature can reflect the truth and purity of Spirit. Being in the whale's presence I learned and received so much. Through its slow movements I was reminded of presence and through its air spout I was reminded of the breath.

As mentioned earlier, it is said that whales are the history keepers. Reminding us of where we come from, hundreds of thousands of years ago, during the time of Lumeria, a civilization at one with nature, each other and Spirit. It is also said the whale is here to assist us in evolving to that oneness and to teach us the wisdom of the old ways.

And so this whale's visit reflected to me the emergence of our renewed world. Though the surface world has much strife and uncertainty. I believe the divine is very much awakening on this planet, and that the oneness many of us seek to integrate is becoming more and more a reality.

It is also said that Australian aborigines as well as Native Hawaiians operate in dreamtime — past, present and future — here now in each moment and the sacred part of every aspect of life. As I witnessed the whale many

mornings during its visit, I witnessed groups of people gathered together, strangers finding a common connection in awe and delight.

Though the profane was still very much around us, the sacred was ever so present connecting us to the past, the future, to each other, to nature and to the divine spark within all. **What abundance!**

The whale began to be known as "Rey" for Marina Del Rey, and soon became a celebrity with pictures and articles in newspapers and magazines. Towards the end of its visit, stories were written about the concern for Rey's extended stay and possibly needing assistance in heading North.

It was interesting to see how many people, though delighted, were somewhat uncomfortable with the whale's visit, always wanting to create a story or some drama. But is that not the truth of humanity when it comes to change or unusual/supernormal occurrences. Don't get me wrong, I certainly was one of those folks in the beginning.

But what I came to realize early on was if I were to truly enjoy this experience, I would need to stop getting into the drama and story, something I work on in general. Why not merely accept this phenomena, this little miracle visit and enjoy its blessing! Why not be present and enjoy the abundance.

And so it was that soon after these stories of an assisted departure began to circulate, on June 22, Rey departed on its own with approximately 50 dolphins at its side. Quite a beautiful image to behold!

Thank you Rey for your blessing, your delight and your teachings. What an awesome experience to have witnessed your visit for those two weeks... from that unexpected morning sitting on a rock at the end of the jetty, right after I had written in my journal ... I wish I could see dolphins... and within minutes I heard your spout releasing air!!!

Thank you for your beautiful entrance into my life, for bringing the ordinary to a level of extraordinary and for moments of magic, awe and wonder in your presence. But most of all thank you for reminding me that abundance is everywhere — the connective web of light all around us and within us all, human, animal or mammal.

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